

# **ENGLISH FOR NURSES**

**GETTING THE ESSENTIALS RIGHT** 







Communicating accurately and effectively is critical to the safety, care and wellbeing of patients.

This 100-hour, online course teaches the English that nursing professionals need to communicate effectively in all essential situations at work, including key patient interactions, clinical pathways, giving accurate handovers, drugs calculations, post-operative and end-of-life care.

The course is designed for nurses with intermediate (B1 – B2) level of English who work or study in English.

The course is easy to use, enjoyable and, above all, practical.

"It's a well-written, user friendly programme that will really help international nurses get to grips with the practical language and realities of nursing."

**Anne Conway**, Language and Cultural Awareness Facilitator, South Devon Healthcare NHS Foundation Trust

# **Course Content**

# Introducing yourself and saying what you do

- Welcoming a patient
- Talking to patients and colleagues
- · Describing your role and responsibilities
- Staff in the hospital
- Medical terminology
- · Everyday healthcare language
- Hospital charts: patient admission form

### **Talking about pain**

- Types of pain
- · Pain severity and location
- Administering pain medication
- · Types of painkillers, side effects
- · Chronic pain: osteoarthritis
- Hospital charts: pain scales
- The body: anterior and posterior

#### Pressure area care

- · Pressure ulcers and ulcer stages
- The body: the lower back and buttocks
- · Changing a patient's position
- · Intentional rounding
- Pressure area care of wheelchair-bound patients
- Waterlow pressure area assessment tool
- · The body: lower back and buttocks

### **Injuries and falls**

- · Falls and injuries
- · Sprains, strains, fractures and dislocations
- Care of a patient with a plaster cast
- Giving a handover
- Writing an incident report
- · Hospital charts: Falls Risk Assessment
- The body: legs, thighs, hips, feet

#### **Infection Control**

- PPE, micro-organisms, HCAIs
- Taking a blood sample
- Taking a temperature, abnormal readings
- · Wound infections, burns chart
- Isolation nursing
- Hospital chart: wound care chart
- · The body: skin, nails, hair

# **Intravenous therapy and IV injections**

- IV equipment, needle stick injuries
- Administering IV fluids
- Checking and giving an IV antibiotic; VIP scores
- Drug calculations
- Taking about clinical pathways
- · Hospital charts: fluid balance chart
- The body: arms and hands

#### **Administration of medications**

- Types of medication
- · Checking drugs, dose, frequency, allergies
- Discussing side effects and precautions
- · Medication and the elderly
- Putting in eye drops and eye ointment
- · Hospital charts: drug charts
- The body: ears and eyes

## **Breathing difficulties**

- · Respiration and respiratory difficulties
- · Breathing equipment
- Asthma types of inhalers and nebulisers
- Upper respiratory tract infections
- · Discussing lifestyle changes
- · Hospital charts: oxygen prescription
- · The body: the chest

## **Post-operative care**

- Vocabulary of post-operative care
- Taking a handover in Recovery
- Explaining discharge information
- Managing phone enquiries
- Using SBAR to communicate with colleagues
- Hospital documentation: district nurse referral
- The body: the abdomen

#### **End-of-life care**

- Types of cancer and cancer treatment
- Talking about chemotherapy side effects
- Managing unpleasant symptoms post- radiotherapy
- Palliative care
- Supporting relatives
- Hospital charts: DNAR orders
- · The body: mouth and throat

**Inputs:** during the course, learners listen to conversations, read medical texts, watch animated videos, role play dialogues, analyse hospital charts, look at work-related photographs and images, and study vocabulary, grammar and pronunciation focus points.

Customise the course for your staff: course content can be rearranged, added to to or removed so you have a course that matches your priorities and ensures your staff learn what is important to your organisation.

End of Course Achievement Certificate: delivered electronically on course completion. 80 CPD Points.

**Progress tracking:** the integrated tracking tool enables organisations to monitor learner progress at any time.

**Progress Assessment:** at the end of every unit, there is a progress review and test so participants can assess what they have learnt.

White label: Add your logo, colours and imagery so your staff retain their connection with your organisation.

**Course Accreditation:** The course is accredited by the CPD Standards Office in the UK, whose professional qualifications are recognised worldwide.



