



Premium  
Preparation  
Partner



Specialist Language Courses

# OET PREPARE

OET PREPARATION MADE EASY





## Welcome to OET Prepare

OET Prepare is a 3-level pathway, designed to take OET Nursing candidates from an A2 elementary level to a C1 OET B level. Candidates start at the level most relevant to them.

OET Prepare is for teachers who want excellent materials, clear lesson plans and a structure they can use to prepare nurses for success in OET.

### Key Features

- ✓ **100 hours of expert digital study content per level**
- ✓ **40 lessons per level – in-person or online**
- ✓ **Extensive teacher materials, lesson plans and notes for every lesson**
- ✓ **Created in partnership with OET Education team**
- ✓ **Designed for groups of learners**
- ✓ **Intuitive, easy to use teaching platform**

# OET PREPARE LEVEL 1

Level 1 is for students who can already understand and communicate in simple sentences in familiar situations, such as travel, work and family. This is equivalent to a good A2 level on the CEFR. On this course, students build a foundation in the English they need for OET.

- Learn nursing language skills, including communicating with patients and colleagues, medical terms, and hospital-specific language
- Build vocabulary, grammar and pronunciation
- Develop healthcare listening, reading, writing and speaking skills
- Become familiar with the OET test and how to prepare for it
- Get ready for OET Prepare Level 2

## Key Features

- ✓ Perfect for teaching groups and individuals
- ✓ 100 hours digital study content divided into 20 units
- ✓ 40 lessons with lesson plans, materials and notes for teachers
- ✓ Flexibility to upload additional materials
- ✓ Up-to-date teaching platform
  - Intuitive design, easy to use
  - See student work, scores, and completion rates
  - set assignments, upload materials, leave individualised feedback



For details and syllabus:

<https://specialistlanguagecourses.com/oet-prepare>

Contact us to get started:

[enquiries@specialistlanguagecourses.com](mailto:enquiries@specialistlanguagecourses.com)

+44 1273 900213

# COURSE SYLLABUS: LEVEL 1

## Unit 1

- Introducing yourself and welcoming a patient
- Checking patient information, patient admission form
- Patient confidentiality
- People and places in a hospital, safety briefs
- Managing a visitor in a care home

## Unit 2

- Taking patient observations, completing observations charts – blood pressure, pulse, EWS
- Using the present simple in healthcare
- Using the present continuous in healthcare
- OET Nursing – introduction and overview
- Language review

## Unit 3

- Medical terminology
- Talking about meals
- ADLs: helping with mealtimes
- Completing a fluid balance chart
- Preventing dehydration

## Unit 4

- Height, weight, malnutrition, MUST charts
- Using articles correctly
- Giving instructions, using imperatives in healthcare
- OET Listening – format, task types, how to prepare
- Language review

## Unit 5

- Talking about incontinence
- Urine output, doing a urine dip
- Assisting patients with toileting, ostomies
- Talking about constipation
- Bowel charts, laxatives

## Unit 6

- Types of medication
- Describing how things are shared and divided
- Describing quantities and amounts
- OET Listening – building study skills
- Language review

## Unit 7

- Mobilising elderly patients
- Rehabilitation after injury
- Fractures, taking care of a plaster cast
- Mobility aids, helping a patient after a hip operation
- Patient handling, equipment, completing a patient handling plan

## Unit 8

- Using adverbs of frequency
- Using the present perfect in healthcare 1
- Using the present perfect in healthcare 2
- OET Reading – format, task types, how to prepare
- Language review

## Unit 9

- Pressure ulcers
- Managing pressure ulcers
- Log rolling a patient
- Using adjectives effectively
- Using comparatives and superlatives in healthcare

## Unit 10

- Intentional rounding
- Pressure ulcer assessment tools, Waterlow chart
- Using the past simple in healthcare
- OET Reading – building study skills
- Language review

## Unit 11

- Talking about falls, slips and trips
- Types of injuries and treatments
- Wounds and dressings
- Using enough, too, so, such in healthcare

## Unit 12

- Dealing with a patient who has had a fall
- Falls prevention, completing a risk assessment chart
- Using the past continuous in healthcare
- How to approach OET Writing
- Language review

## Unit 13

- Gerontology and ageing, associated legal and ethical issues
- Dementia in the elderly
- Parkinson's disease
- Giving advice and making suggestions
- Making offers and requests

## Unit 14

- Talking about osteoporosis
- End of life care provision
- Describing ability and possibility
- OET Writing – letter types
- Language review

## Unit 15

- Infection cycle and contagious diseases
- Body temperature, taking a patient's temperature
- Chest infections
- Talking about the future in healthcare - be going to
- Talking about the future in healthcare – future simple (will)

## Unit 16

- Hospital acquired infections and their prevention
- MRSA, MRSA swabs
- Describing necessity and obligation
- OET Speaking role plays – all you need to know

## Unit 17

- Types of pain, discussing pain
- Pain behaviours, pain scales
- Asking about pain
- Asking questions in healthcare 1
- Asking questions in healthcare 2

## Unit 18

- Offering pain relief
- Chest pain, angina and cardiac arrest
- Chronic pain, giving a handover
- OET Speaking – essential language to learn
- Language review

## Unit 19

- Talking about mental health
- Discussing depression
- Confusion in the elderly
- Using the past perfect in healthcare
- Using reflexive pronouns in healthcare

## Unit 20

- Drug and alcohol misuse
- Dealing with challenging behaviour
- Prepositions of location and movement
- Language review
- End-of-course review

## OET PREPARE LEVEL 2

Level 2 is for students who can understand and communicate reasonably well in most common situations in work and life. They can describe experiences, events and hopes, and can explain their opinions and plans. This is equivalent to a good B1 level on the CEFR. On this course, students build on the language and skills they need for OET.

- Develop clinical communication skills, medical terminology, and healthcare-specific language
- Consolidate and extend healthcare-related vocabulary, grammar and pronunciation
- Further develop healthcare listening, reading, writing and speaking skills
- Further familiarisation with the with the OET test and how to prepare for it
- Get ready for OET Prepare Level 3

### Key Features

- ✓ Perfect for teaching groups and individuals
- ✓ 100 hours digital study content divided into 20 units
- ✓ 40 lessons with lesson plans, materials and notes for teachers
- ✓ Flexibility to upload additional materials

- ✓ Up-to-date teaching platform
  - Intuitive design, easy to use
  - See student work, scores, and completion rates
  - set assignments, upload materials, leave individualised feedback



For details and syllabus:

<https://specialistlanguagecourses.com/oet-prepare>

Contact us to get started:

[enquiries@specialistlanguagecourses.com](mailto:enquiries@specialistlanguagecourses.com)

+44 1273 900213

# COURSE SYLLABUS: LEVEL 2

## Unit 1

- Staff in the hospital
- Working on a ward
- Introducing yourself to a patient
- Introducing yourself to a colleague
- Patient admission form

## Unit 2

- Medical terminology review
- Prefixes and suffixes in diseases and conditions
- How to prepare for OET
- OET – the 12 professions
- Language review

## Unit 3

- Types of pain
- The body: anterior & posterior
- Pain scales, back pain, handovers
- Painkillers and side effects
- Using PCA (patient-controlled analgesia)
- Talking about experiences – present perfect and past simple

## Unit 4

- Osteoarthritis
- Asking about pain location
- Using state and dynamic verbs in the present
- OET Listening A, B, C – formats and question types
- Language review

## Unit 5

- Pressure ulcers
- The body: lower back
- Changing a patient's position
- Pressure area care of wheelchair bound patient, pressure area risk assessment
- Using the passive 1

## Unit 6

- What are viruses, types of viruses
- Coronaviruses and Covid-19
- Using the passive 2
- OET Listening skills – predicting, signposting, managing time
- Language review

## Unit 7

- Falls and injuries
- The body: hips, thighs, legs, foot
- Managing a fractured clavicle
- Sprains, strains, fractures and dislocations
- Care of a patient with a plaster cast

## Unit 8

- Reporting an incident: slip on a wet floor
- Falls risk assessment, mobility aids
- Using the zero and first conditional
- OET Reading A, B, C – formats and question types
- Language review

## Unit 9

- Infection control, inc PPE, HCAIs
- The body: skin, hair, nails
- Isolation nursing
- Taking a blood sample and blood pressure
- Using the second conditional

## Unit 10

- Thermometers and taking temperature
- Describing wound infections
- Wound infections, wound care charts
- OET Reading skills – understanding attitude and opinion
- Language review

## Unit 11

- Intravenous fluids
- The body: arm and hand
- Checking IV fluids and putting up IV fluids
- Charts: VIP scores, IV prescription; calculating IV fluids: pumps, flow rate, drip rate
- Fluid balance charts

## Unit 12

- Preparing an IV injection
- Medication calculations: intravenous injections
- Using mixed conditionals in the present
- OET Writing skills – expanding case notes
- Language review

## Unit 13

- Dose and frequency of medication
- Talking about side effects and precautions, TTAs
- The body: eye and ear
- Giving discharge advice about eye drops, putting in eye ointment
- Using conditionals in the past

## Unit 14

- Medication and the elderly
- Drug charts
- Present perfect simple vs continuous
- OET Writing skills – organisation and layout
- Language review

## Unit 15

- Breathing equipment
- The body: the chest
- Talking about lifestyle changes after pneumonia
- Talking about respiration and breathing difficulties
- Talking about the past – review and extension

## Unit 16

- Upper respiratory tract infections
- Breathing in asthma, oxygen devices and prescription
- Past perfect simple vs continuous
- How to approach OET Speaking
- Language review

## Unit 17

- Post-operative care
- The body: the abdomen
- Checking a patient after an operation
- Using SBAR
- Managing patient enquiries, managing a phone enquiry

## Unit 18

- Explaining discharge care
- Community nurse referrals
- Talking about the future – review and extension
- OET Speaking skills – how to use the role card
- Language review

## Unit 19

- Cancer treatment, types of cancers
- The body: mouth and throat
- Radiotherapy, side effects
- Mouth care and chemotherapy, talking about chemotherapy
- Breast and cervical cancers

## Unit 20

- Lung cancer, writing to a GP after treatment
- Palliative care
- Communicating with relatives about end-of-life care, DNAR charts
- Language review
- End-of-course review

## OET PREPARE LEVEL 3

Level 3 is for students who can understand complex ideas, communicate with fluency and spontaneity, and write and speak clearly and in detail on a wide range of subjects. This is equivalent to a good B2 level on the CEFR. On this course, students develop the language, strategies and techniques they need to score a B at OET.

- Paper by paper, question by question focus
- Essential test strategies and techniques
- OET-specific language development across the four skills
- Practice test questions and mock exams
- Get ready to take the official OET Nursing test

### Key Features

- ✓ Perfect for teaching groups and individuals
- ✓ 100 hours digital study content divided into 20 units
- ✓ 40 lessons with lesson plans, materials and notes for teachers
- ✓ Flexibility to upload additional materials

- ✓ Up-to-date teaching platform
  - Intuitive design, easy to use
  - See student work, scores, and completion rates
  - set assignments, upload materials, leave individualised feedback



For details and syllabus:

<https://specialistlanguagecourses.com/oet-prepare>

Contact us to get started:

[enquiries@specialistlanguagecourses.com](mailto:enquiries@specialistlanguagecourses.com)

+44 1273 900213

# COURSE SYLLABUS: LEVEL 3

## Unit 1 Introduction & Overview

### Study units

- Introduction to OET Nursing
- Introduction to OET Listening and Reading
- Introduction to OET Writing and Speaking
- Grammar focus – articles

### Video shorts

- 5 study tips to pass OET
- Learning OET vocabulary
- Understanding the criteria in OET Writing
- Understanding the linguistic criteria in OET Speaking
- Understanding the clinical communication criteria in OET Speaking

## Unit 2 Reading

### Study units

- Reading academic texts 1
- Reading academic texts 2
- Reading Part A 1
- Reading Part A 2
- Grammar focus – adjectives and adjectival phrases

## Unit 3 Writing

### Study units

- Understanding the case notes 1
- Understanding the case notes 2
- Describing the patient journey 1 – past medical history, surgical procedures
- Describing the patient journey 2 – medical treatment, tests, complications
- Grammar focus – clauses

### Video shorts

- How to express purpose
- Selecting information from the case notes
- Selecting information for another healthcare professional
- OET Writing skills – articles
- OET Writing skills – using time references

## Unit 4 Listening

### Study units

- Medical Listening skills 1
- Medical Listening skills 2
- Listening Part A 1
- Listening Part A 2
- Grammar focus – modals and modality 1

### Video shorts

- Using the Transcript in Listening Part A
- Listening skills – how not to lose your place in Listening Part A
- Tips for spelling in OET Listening Part A

## Unit 5 Speaking

### Study units

- The OET Speaking assessment criteria
- Starting the test – warm up conversation
- Starting the role play
- Grammar focus – questions

### Video shorts

- OET Speaking criteria – fluency
- OET Speaking criteria – intelligibility

## Unit 6 Reading

### Study units

- Medical academic reading skills
- Text analysis skills 1
- Text analysis skills 2
- Text analysis skills 3
- Text analysis skills 4
- Reading Part C – question types, practice
- Grammar focus – verb patterns

### Video shorts

- Using the structure of a paragraph to answer reading questions fast
- Understanding the language in OET Reading C
- How to understand research reports in Reading C
- Linking and Cohesion in Reading C

## Unit 7 Writing

### Study units

- Writing the letter 1 – structure, organising the case notes
- Writing the letter 2 – planning and writing the letter
- Grammar focus – passives

### Video shorts

- OET Writing criteria – content
- OET Writing criteria – conciseness and clarity
- OET Writing skills – present perfect v past simple
- OET Writing skills – using the passive

## Unit 8 Listening

### Study units

- Listening Part C – attitude and opinion
- Listening Part C – presentations, interviews
- Listening to talks 1
- Listening to talks 2
- Listening to talks 3
- Grammar focus – phrasal verbs 1

### Video shorts

- Using the transcript in Listening Part C
- How not lose your place in Listening Part C

## Unit 9 Speaking

### Study units

- Communicating effectively – giving explanations
- Communicating effectively – giving information and advice
- Communicating effectively – describing and comparing medications
- Grammar focus – talking about the future – ‘to be..’ expressions

### Video shorts

- OET Speaking criteria – resources of grammar and expression
- OET Speaking criteria – relationship building



## Unit 10 Revision & mock test

### Study units

- Revision of work done to date
- Mock test
- Grammar focus – reported speech 1

## Unit 11 Reading

### Study units

- Reading Part B – procedure texts, policy docs
- Reading Part B – hospital guidelines, manuals
- Reading Part B – emails, memos, patient leaflets, practice
- Grammar focus – superlatives and modifiers

### Video shorts

- Identifying the main idea of a paragraph

## Unit 12 Writing

### Study units

- Discharge planning 1 – making requests, the discharge plan
- Discharge planning 2 – giving instructions, care after discharge
- Grammar focus - conjunctions

### Video shorts

- OET Writing criteria – genre and style
- OET Writing criteria – organisation and layout (in B1 course, so a refresher)
- OET Writing Skills – linking phrases
- OET Writing skills – relative clauses

## Unit 13 Listening

### Study units

- Listening Part B – handover
- Listening Part B – safety briefing
- Grammar focus – modals and modality 2

### Video shorts

- Using the transcript in Listening Part B

## Unit 14 Speaking

### Study units

- Role play practice 1
- Role play practice 2
- Role play practice 3
- Grammar focus - hedging

### Video shorts

- How to deal with patients in OET Speaking
- OET Speaking criteria – the patient’s perspective
- OET Speaking criteria – providing structure
- OET Speaking criteria - appropriateness

## Unit 15 Reading

### Study units

- Reading practice test questions – Part A
- Reading practice test questions – Part B
- Reading Practice Test questions – Part C
- Grammar focus – reported speech 2

### Video shorts

- Strategies to pass Reading Part A
- Strategies to pass Reading Part B
- Strategies to pass Reading Part C
- OET Reading sample test

## Unit 16 Writing

### Study units

- Writing practice test questions
- Analysing sample letters
- Grammar focus – passives and reporting

### Video shorts

- OET Writing criteria – language
- OET Writing skills – reported speech
- OET Writing sample test

## Unit 17 Listening

### Study units

- Listening practice test questions – Part A
- Listening practice test questions – Part B
- Listening practice test questions – Part C
- Grammar focus – phrasal verbs 2

### Video shorts

- Strategies to pass Listening Part A
- Strategies to pass Listening Part B
- Strategies to pass Listening Part C
- OET Listening sample test

## Unit 18 Speaking

### Study units

- Speaking role play cards and analysis
- Grammar focus – conditionals and conjunctions

### Video shorts

- OET Speaking role play – sample test
- OET Speaking criteria – gathering information
- OET Speaking criteria – giving information

## Unit 19 Mock test

### Study units

- Mock test

### Video shorts

- OET tips on test day
- OET exam last minute preparation

## Unit 20 Mock test and review

### Study units

- Course review
- Mock test

## Additional SLC Support

- ✓ Institution-branded teaching platform for you and your students to use
- ✓ Training on how to use the teaching platform
- ✓ Initial and ongoing support on how to use OET Prepare where needed
- ✓ Optional OET masterclasses for your students
- ✓ Ongoing updating of content to reflect test updates when they happen

# OET PREPARE

OET PREPARATION MADE EASY

Contact us  
to get started



☎ +44 1273 900 213

✉ [enquiries@specialistlanguagecourses.com](mailto:enquiries@specialistlanguagecourses.com)

🔗 [specialistlanguagecourses.com/oet-prepare](https://specialistlanguagecourses.com/oet-prepare)

