

B1 SELT Exam Preparation Course

Trinity GESE Grade 5 | 40 hours | 20 weeks

B1 SELT Exam Preparation

Preparing candidates for the UK's Secure English Language Test requirement – Trinity GESE Grade 5.

What is the B1 SELT?

The Secure English Language Test (SELT) at B1 is a Home Office-approved speaking and listening exam, most commonly taken via Trinity GESE Grade 5. It assesses a candidate's ability to hold a conversation, discuss a prepared topic, and respond to examiner questions in real time – with a pass/fail outcome rather than a graded band score.

What does a B1 SELT pass unlock?



Immigration and settlement – required for Indefinite Leave to Remain (ILR), UK citizenship, and certain visa extension routes



Personal confidence – for many candidates this is a high-stakes, one-off exam, and structured preparation builds the confidence to perform under pressure



Real-world speaking skills – fluency, spontaneous response and conversational skills that carry over into daily life and work



Exam-day readiness – familiarity with the Trinity format, examiner style and timing removes uncertainty on the day

What does the course cover?

A structured 20-week programme preparing candidates for the Trinity GESE Grade 5 exam, covering both the Topic phase and the Conversation phase in full.

- ✓ Exam format and goal-setting
 - ✓ Building and structuring your personal Topic
 - ✓ Key grammar: present, past, future forms
 - ✓ Vocabulary: festivals, travel, music, personal experience and more
 - ✓ Handling examiner questions with confidence
 - ✓ Fluency and pronunciation practice
 - ✓ 3 full mock exams with detailed feedback
- Exam-day briefing and booking support

Why choose this course?



One-to-one mock exams and personalised feedback built into every stage.



Progressive structure: language input ➡ topic practice ➡ subject areas ➡ exam simulation.



Direct alignment with Trinity's four assessment areas throughout.



Ready to enrol your learners?

Get in touch with SLC to discuss start dates and group bookings.

