

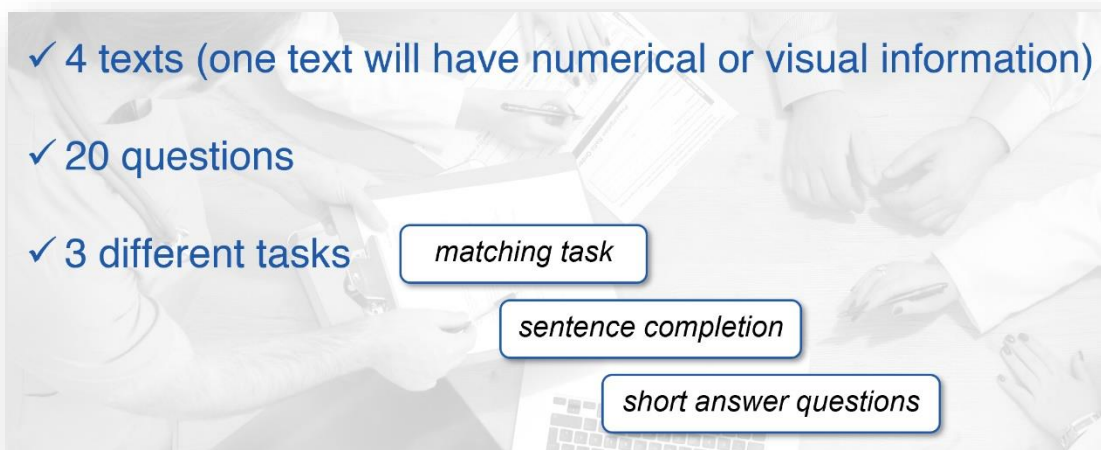
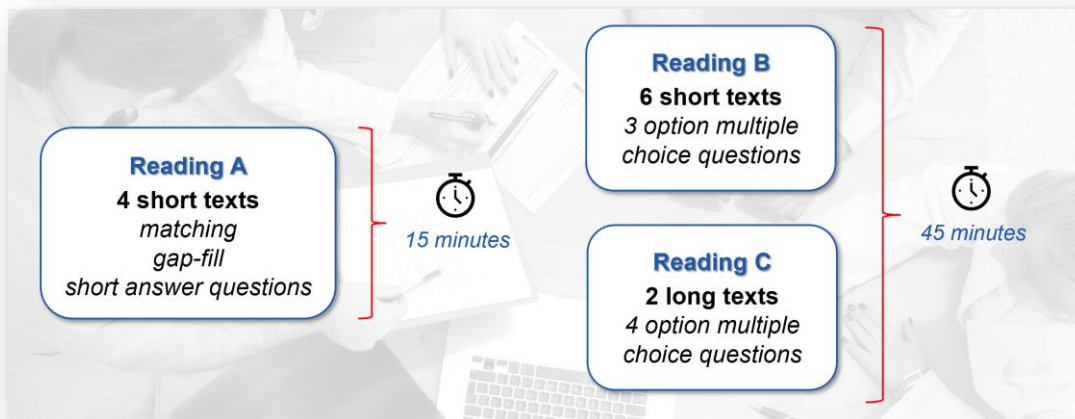


OET Reading A: Strategies



- ✓ DON'T read the texts first
- ✓ Use the headings
- ✓ Use the information provided in the questions to help you
- ✓ Move on if you get stuck
- ✓ Practise your scanning skills

Exam format:



How to approach Reading A:

Complete the matching task first

Decide which text contains the answer

Can be done without checking in the texts. Check to confirm if necessary

Text A: Benign Paroxysmal Positional Vertigo
 Text B: The Hallpike Positional Test
 Text C: Treatment of Vertigo
 Text D: BPPV Management Options

Questions 1-7
 For each of the questions, 1 – 7, decide which text (A, B, C or D) the information comes from. You may use any letter more than once.

In which text can you find information about

1. movement of debris from the inner canal	A
2. how faulty signals to the brain cause vertigo	A
3. the procedure used to diagnose BPPV	B
4. the effect of vertigo on people's daily lives	_____

short answer questions

In the questions you will find:

- ✓ What kind of information you are looking for.
- ✓ Details to help you locate the information

Decide in which text to look

scan for the answer

Text C
Treatment of Vertigo
 Some types of vertigo are treated with drugs which also treat motion sickness. However, Benign Paroxysmal Positional Vertigo (BPPV) is not generally managed with drug therapy can be managed relatively easily by non-pharmacological means, such as Epley Manoeuvres. **The Epley Manoeuvre is a sort of re-balancing treatment** which involves a trained practitioner turning the patient's head to the left side and then lowering the patient onto their back. The patient is then...

Questions 8-14
 Answer each of the questions, 8 – 14, with a word or short phrase from one of the texts. Each answer may include words, numbers or both.

11. What type of treatment is the Epley Manoeuvre? _____ **text C**

12. Where can Brandt-Daroff exercises be performed? _____

source: Reach OET B online course

sentence completion

Decide what kind of information to look for

Use words from the sentence to help you locate the answer

Decide in which text to look

scan for the answer

Text A
Benign Paroxysmal Positional Vertigo
 Benign Paroxysmal Positional Vertigo (BPPV) is a common cause of vertigo whose sufferers experience the illusion that they are moving, when they are **actually still**. The unpleasant symptoms result from floating bony debris in the inner ear which causes confusing messages being received by the brain about the position of the body. Most cases of BPPV are idiopathic and its prevalence increases with age. There is some indication that BPPV could be an inherited condition, as many diagnosed individuals have several relatives who also...

Questions 15-20
 Complete each of the sentences, 15 – 20, with a word or short phrase from one of the texts. Each answer may include words, numbers or both.

noun (beginning with a vowel)

15. Vertigo can cause an _____ of moving, even when a person is **standing still**. **text A**

16. After the performance of CRP, there is a low rate of _____ of BPPV.

17. The Epley manoeuvre aims to reduce vestibular problems by shifting _____ out of the semi-circular canals of the inner ear.

source: Reach OET B online course



How can you practise?

Practice scanning for specific words e.g. body parts

<https://patient.info/>

<https://www.nhs.uk/>

